



RIDE FOR HOPE CHALLENGE 2024

Northampton/London to Paris

Course and Itinerary



THURS 3RD OCT
Long distance cyclists only.

08:30 - Meet at the Hope Centre
09:00 - Depart
Lunch - Harlington:
www.thehubandspokecafe.co.uk
17:00 - Arrive at Richmond Travel Lodge



FRIDAY 4TH OCT
Short Distance Cyclists.
All cyclists.

05:30 - Meet at the Hope Centre.
Load up bikes and bags and board coach.
06:30 - Depart
08:30 - All cyclists meet at Richmond Common.
09.00 - Depart in groups of 10 riders for Portsmouth.
17.00 - Dinner on location in Portsmouth.
21.00 - Board ferry for overnight crossing to Cean.



SATURDAY 5th OCT
All cyclists.

07:30 - Disembark ferry.
09.00 - Set off in groups for overnight stay:
Le Neubourg - Hotel Acadine.



SUNDAY 6th OCT
All cyclists.

07:30 - Depart for Paris



MONDAY 7th OCT
All cyclists.

09:00 - Bikes and bags loaded and coach to Calais.
15:00 - Ferry crossing.
18:00 - Arrive back in Northampton.

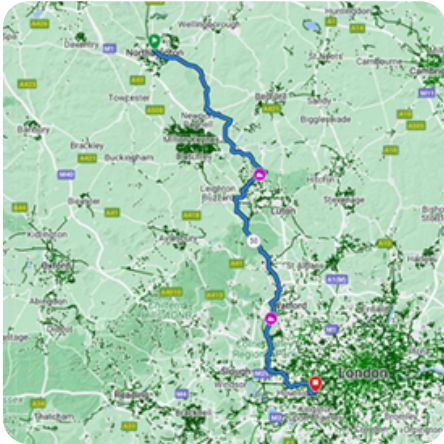
All breakfast, dinner, accommodation, transport and support teams are covered by your application fee. Most lunches supported by Rapid Relief Team.





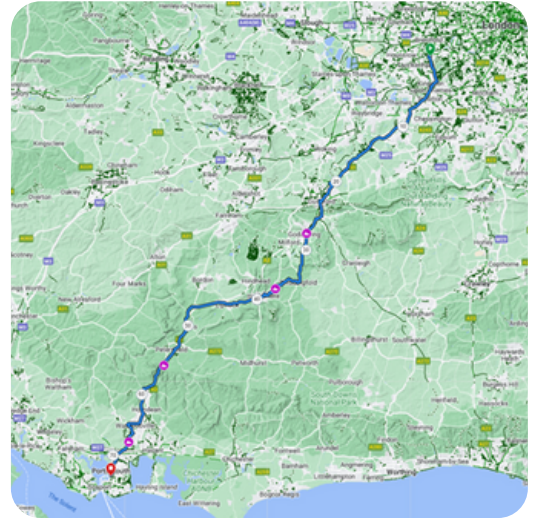
RIDE FOR HOPE ROUTE

Day 01: Long distance riders.
Starting Northampton Hope Centre
90 Miles.



<https://www.youtube.com/watch?v=l0y79Y0Sll>

Day 02: Fri. 4th - All Riders.
Starting Richmond Common.
73 Miles.

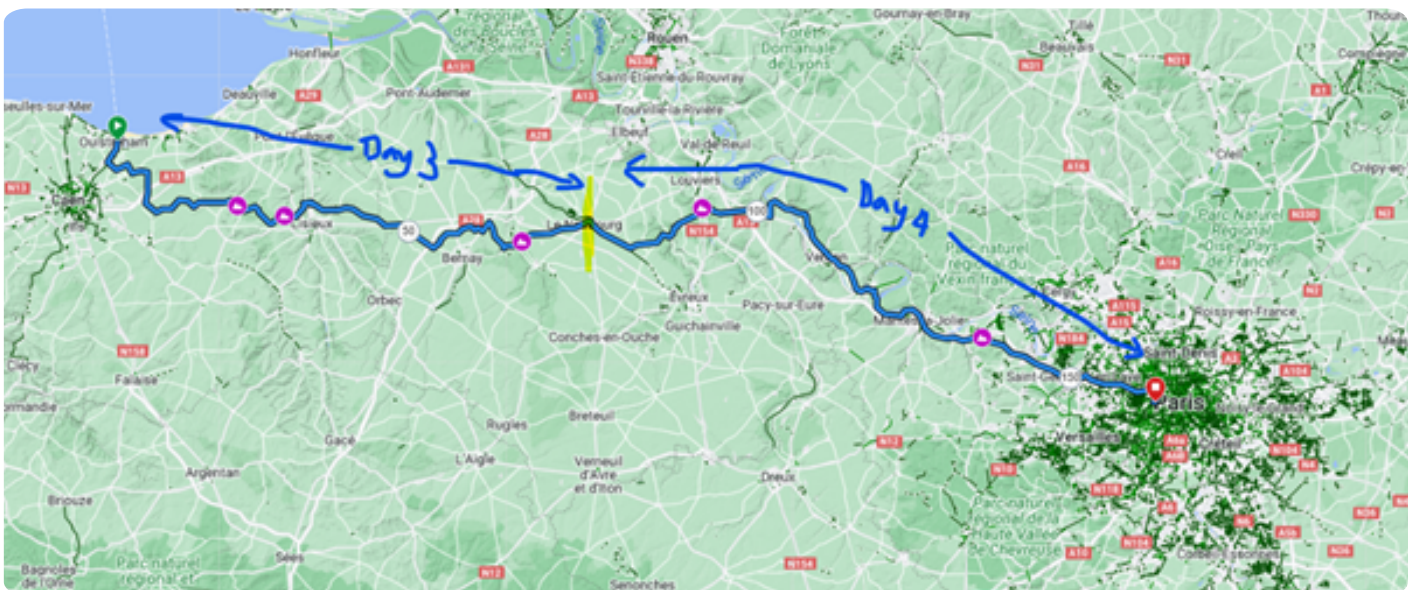


Day 03: Sat. 5th - All riders.
Starting from Cean to Le Neubourg.
80 Miles.

Day 03 route: https://www.youtube.com/watch?v=3lBe6M_O75w

Day 04 route: <https://www.youtube.com/watch?v=EruIToID2kQ>

Day 04: Sun. 6th - All riders.
For everyone finishing in Paris.
84 Miles.



These maps are provisional and are subject to change. Exact details will be forwarded 1 week prior to the rally.