

Spring Wish list

Decent toothbrushes

Toothpaste

Wipes

Body lotion

Shaving foam

Deodorant - men and women's
(spray and roll on)

Pocket size hairbrushes

Hair ties

Back packs

Body wash

Nail clippers

Shampoo & Conditioner

Pocket tissue packets

Hand warmers

Men's underwear - boxers (small
and medium only please)

Trainers (ladies - size 4 to 7
Gents- size 7 to 11 trainers)

Socks - men and women's

Thermal socks

Thermal t-shirts (small and medium
only please)

T-shirts and sweatshirts (small and
medium only please)

Women's small pants - (small, size
8 or 10 at most)

Sleeping bags

Joggers - men's (small and
medium only please)

Joggers - (women's size 6/8/10)

Belts - (small size 30 or 32"
maximum)

Hats, Scarves and Gloves



Spring Wish list

Crisps

Tinned meat & fish (especially
Tuna)

Pasta pots

UHT Milk

Cereals

Fray Bentos/tinned pies

Custard

Tinned Soups

Tinned vegetables

Rice/Pasta

Pasta sauces

Mayonnaise

Salad Cream

Packet soups

Squash

Tinned stews

Tinned tomatoes

Tinned soups

Pasta n'sauce packs

Ravioli/Tinned Pasta

Chocolates/snacks

Biscuits

Sugar

Tomato Ketchup

Tea bags

Coffee Jars

